Computer Maintenance Procedures
(Click links to download and install FREE versions)

1. **Disk Cleanup**
   a. Search for "Disk Cleanup"
   b. Select the app
   c. Select the "C" drive
   d. All check boxes should be checked
   e. Delete All Files

2. **CCleaner** –
   a. Custom Clean: Analyze and Run Cleaner

3. **Glary Utilities** –
   a. Cleanup and Repair:
      i. Run Disk Cleanup.
      ii. Run Registry Repair
   b. Optimize & Improve:
      i. Disk Defrag (optional for hard disk drives)
      ii. Software Update (very useful)
         1. Download
         2. Manual
         3. "Open when done"
         4. Complete the install process

4. **SUPERAntiSpyware** -
   a. **"Scan this Computer"**
   b. **"Quick Scan"**. (It may need to close browsers)
   c. If it finds anything other than Adware Tracking Cookies, run it again as a "**Complete Scan**".

5. **Malwarebytes** -
   a. Scanner: Scan (This may take some time)
   b. If threats are found, you will have the option of removing, repairing or quarantining them.
   c. When complete, Finish and Close.

6. **If** either SUPERAntiSpyware or Malwarebytes find any abnormal files (other than adware tracking cookies found by SUPERAntiSpyware), both apps should be run again until both find no abnormal files.